

Programs and Strategies on the Rise

Programs	2008	2007	2006	Percentage Point Change
Offer health risk appraisals	83%	72%	65%	18%
Currently use provider quality	30%	25%	13%	17%
Offer weight management program that focuses on reducing obesity among employees	74%	66%	59%	15%
Audit or review eligibility and enrollment in your health plan	73%	59%	58%	14%
Participate in quality/value initiatives outside of the plan offerings	45%	38%	34%	10%

Source: Watson Wyatt and National Business Group on Health

Programs and Strategies on the Slide

Programs	2008	2007	2006	Percentage Point Change
Based decision on vendors' estimates of ROI	39%	48%	47%	-8%
Select medical vendors or price plan options based on risk-adjusted costs	10%	11%	18%	-8%
Implement lifestyle behavior change programs purchased through one or more of your health plan	56%	60%	62%	-6%
Structure plan design partially based on employee compensation levels	26%	29%	32%	-5%
Implement disease management programs purchased through one or more health plans	76%	74%	79%	-3%

Source: Watson Wyatt and National Business Group on Health